

2022 October
High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Macaroni and Cheese Garlic Toast	Breaded Chicken Sandwich (Regular and Spicy) Chips	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties	Country Fried Beef Steak Mashed Potatoes And Country Gravy Dinner Roll	Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot BBQ Baked Beans Fritos
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
Build your own Beef Nachos (Beef Taco Meat / Cheese Sauce) Corn Tortilla Chips	Orange Chicken with White Rice Chicken Potsticker	Italian Dunker with Marinara Sauce Caesar Salad	General Tso Chicken Lo mein Noodle Ginger Stir-Fry Vegetable	Penne Grilled Chicken Alfredo Breadstick
Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs
Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Garlic California Vegetables Fresh Fruit Assorted Fresh Vegetables
Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich
10	11	12	13	14
Mini Chicken Corndogs Chips	Breaded Chicken Drumstick Mashed Potato and Chicken Gravy Dinner Roll	Slopv Joes Chips BBQ Baked Beans	Chicken Wing Day Salted Pretzel with Cheese Sauce	Philly Beef Sandwich Sidewinder Fries
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
Rotini Beef Meat Sauce Garlic Toast	Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	Sweet and Sour Chicken with Fried Rice Vegetable Egg Roll	Chicken Tenders (Regular and Spicy) Cornbread Sidewinder Fries
Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs
Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables	Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie
Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich
17	18	19	20	21
Beef Taco in a Bag White Rice	Breaded Chicken Sandwich (Regular or Spicy) Chips	Brunch for Lunch French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties	No School	No School
International Cuisine	International Cuisine	International Cuisine		
Thai Sweet Chili Chicken with White Rice Chicken Potsticker	Hearty Beef Lasagna Garlic Toast Caesar Salad	Italian Dunker with Marinara Sauce Caesar Salad		
Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs		
Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables	Cauliflower with Soy Sauce Fresh Fruit Assorted Fresh Vegetables		
Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich		
24	25	26	27	28
Chicken Wing Day Salted Pretzel with Cheese Sauce	Mini Chicken Corndogs Curly Fries	Chicken Tenders (Regular and Spicy) Caesar Salad Breadstick	KC Mesquite BBQ Chicken Drumstick Cornbread Fritos Corn Chips BBQ Baked Beans	Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
Rotini and Beef Meatball Marinara Breadstick	Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans	Pizza (Buffalo Chicken or Cheese) Caesar Salad	Cheesy Beef Totchos White Rice Fritos Corn Chips	Spicy Szechuan Chicken Fried Rice Vegetable Egg Roll
Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs	Grill Line: Burgers and Hotdogs
Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables	Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Steamed Green Beans Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables
Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich
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Macaroni and Cheese Garlic Toast				
International Cuisine				
Build your own Beef Nachos (Beef Taco Meat / Cheese Sauce) Corn Tortilla Chips				
Grill Line: Burgers and Hotdogs				
Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables				
Grab and Go: Managers Choice Salad and Sandwich				

IN SCHOOL OFFERED DAILY:

Manager Choice of: Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.